



# Safety Training Opportunities

# 2021

Customized training available - call us today!

## FIRST AID/CPR/AED COURSES

**Adult AED, CPR & Basic Medic First Aid**  
 February 23 ..... 7:30 am - 1:30 pm  
 April 22 ..... 7:30 am - 1:30 pm  
 May 6 ..... 12:00 pm - 5:00 pm  
 June 7 ..... 7:30 am - 1:30 pm

*Certifications valid for two years!*

## CERTIFICATION TRAINING

**Mobile Elevating Work Platform (Aerial Lift)**  
 January 8 ..... 7:30 am - 11:30 am  
**Mobile Elevating Work Platform (Aerial Lift)**  
 March 22 ..... 7:30 am - 11:30 am  
**Rough Terrain Forklift Training**  
 March 25 ..... 7:30 am - 11:30 am

## OSHA 10-HOUR

**OSHA 10-Hour Construction - Two Day Course**  
 Feb. 18 & 19 ..... 7:30 am - 2:00 pm  
 May 24 & 25 ..... 7:30 am - 2:00 pm  
 Oct. 11 & 12 ..... 7:30 am - 2:00 pm

*This course is the benchmark for introductory jobsite safety and OSHA compliance education.*

## OSHA 30-HOUR

**OSHA 30-Hour Construction - Four Day Course**  
 April 8, 9, 15, 16 ..... 7:30 am - 4:30 pm  
 June 10, 11, 17, 18 ..... 7:30 am - 4:30 pm

*The OSHA-30 represents the "standard" in training for those assigned safety supervision responsibilities.*



**STEP Members SAVE!**  
 Visit: [abcstep.org](http://abcstep.org)

## ABC IS YOUR SOLUTION FOR SAFETY NEEDS!

Let ABC help you with safety training, consulting and navigating OSHA requirements!  
**Safety Services and consulting packages available to you at member rates.**  
 Contact [kevin@abckeystone.org](mailto:kevin@abckeystone.org)

## SAFETY FORUMS

Forums help meet  
**OSHA Partnership requirements**  
*Four Forums in 2021 - Dates/Times TBD*  
*Please check the website for updates*

Spring ..... 8:00 am - 9:30 am  
 Aug ..... Coordinated with Safety Breakfast  
 Fall ..... 8:00 am - 9:30 am  
 Winter ..... 8:00 am - 9:30 am

**ABC Members attend all Safety Forums at no-cost!**

## SAFETY FOUNDATION

**OSHA Recordkeeping**  
 January 26 ..... 7:30 am - 11:30 am

**Competent Person for Jobsite Safety Inspections**  
 February 17 ..... 7:30 am - 1:30 pm

**Competent Person for Fall Protection**  
 February 25 ..... 7:30 am - 2:30 pm

**Competent Person for Supported Scaffold**  
 April 6 ..... 7:30 am - 3:30 pm

**Electrical Safety – Protection Requirements from OSHA & NFPA 70E**  
 May 4 ..... 7:30 am - 3:30 pm

*Check for course updates and register online at [abckeystone.org](http://abckeystone.org)*

## COVID-19 SAFETY UPDATE

Your health and safety are our number one priority. Total registration numbers may need to be limited to observe safety requirements, and early registration is encouraged.

Please check back for updates, watch for update emails from the Chapter following your registration, or call our office at (717) 653-8106.

Thank you in advance for your patience and cooperation. Please enter Door 1 when you arrive.

## CUSTOMIZED TRAINING

We know that you have unique training needs to ensure that your employees are prepared for your jobs, and we are here to help!

**Any training listed on this poster can be set up as a customized training event at ABC or at your location.\***

Contact [kevin@abckeystone.org](mailto:kevin@abckeystone.org) to schedule your customized training today.

*\*minimums and restrictions apply.*

## SAFETY CONSULTING SERVICES

**Looking for a Solution to Your Safety Needs?**

**ABC is Here to Help!**

ABC Keystone’s safety consulting services are flexible and customizable to your company’s needs, providing you the opportunity to efficiently and economically keep your employees safe. ABC Keystone is your resource for safety consulting and training.

**ABC is the Answer:**

- Safety training and certification
- Crafting or updating of safety plans (Including jobsite-specific safety policies)
- Navigating OSHA requirements
- OSHA citation counseling
- Prepare and present safety meetings for your company
- Safety recognition program development meeting your needs
- Serving as your employer representative to OSHA
- One hour free safety consultation

*Safety services provided on a contract basis or on an as-needed basis at member rates.*

**Kevin Keith**  
 Director of Safety Services  
 (717) 653-8106  
[kevin@abckeystone.org](mailto:kevin@abckeystone.org)

**All courses will be held at ABC Keystone and taught by Kevin B. Keith, Director of Safety Services, ABC Keystone**  
 135 Shellyland Road, Manheim, PA 17545 (off routes 283 and 772)

**Call Kevin at (717) 653-8106 or visit [abckeystone.org](http://abckeystone.org) for course descriptions and to register online!**